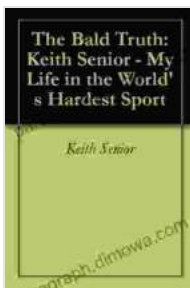


Keith Senior: My Life in the World's Hardest Sport

Prologue: The Boy From Featherstone

Keith Senior was born in the small town of Featherstone, West Yorkshire, England, on December 1, 1974. From a young age, he displayed a natural talent for rugby league, and by the time he was a teenager, he was playing for the local junior team. In 1992, at the age of 18, Senior made his professional debut for the Leeds Rhinos.



The Bald Truth: Keith Senior - My Life in the World's Hardest Sport by Jackson Pearce

★★★★☆ 4.4 out of 5

Language : English
File size : 1615 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 366 pages
Lending : Enabled



Chapter 1: The Early Years

Senior's early years in professional rugby league were marked by both success and setbacks. He quickly established himself as a talented and hard-working player, but he also struggled with injuries and discipline issues. In 1995, he was suspended for six months for testing positive for steroids.

Chapter 2: The Glory Years

Despite his early setbacks, Senior went on to have a successful and storied career in rugby league. He was a key member of the Leeds Rhinos team that won the Super League Championship in 1997, 2004, and 2008. He also represented England and Great Britain at the international level, and was named the Man of the Match in the 2003 Super League Grand Final.

Chapter 3: The Dark Days

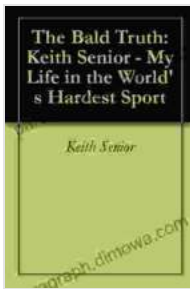
Senior's career was not without its dark days. In 2007, he was diagnosed with depression and anxiety. He also struggled with alcohol and drug addiction. In 2009, he was forced to retire from professional rugby league due to a neck injury.

Chapter 4: The Road to Recovery

After retiring from rugby league, Senior entered rehab and began the long road to recovery. He has since become a mental health advocate and has spoken openly about his struggles with depression and addiction. In 2018, he published his autobiography, "My Life in the World's Hardest Sport."

Epilogue: The Legacy

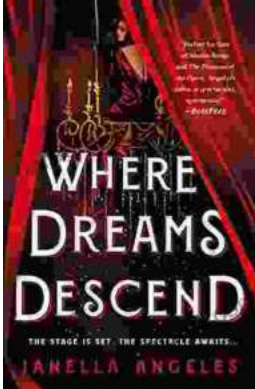
Keith Senior is one of the most decorated and respected players in the history of rugby league. He is a role model for young people and an inspiration to anyone who has struggled with adversity. His autobiography is a raw and honest account of his extraordinary journey, and it is a must-read for any fan of the sport or anyone who appreciates an inspiring tale of overcoming adversity.



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